

Supercharged Smoothies

- Goji** 16oz 24oz
Goji berries, strawberries, peach, local banana, organic apple juice, and honey
- Orange Kale** 16oz 24oz
Local kale, papaya, local banana, dates, and orange juice
- Creamy Kale** 16oz 24oz
Local kale, local pineapple, local banana, whey protein & organic almond milk
- Ruby Beet** 16oz 24oz
Strawberries, local pineapple, fresh local beet, honey, and orange juice
- Carrot Sunrise** 16oz 24oz
Fresh carrot, local pineapple, mango, orange juice, coconut milk, and honey
- Green Power** 16oz 24oz
Organic spirulina, strawberries, local pineapple, orange juice, and honey.
- Cold Fighter** 16oz 24oz
Strawberries, local pineapple, orange juice, immunity booster, bee pollen & honey
- Five Today** 16oz 24oz
Local banana, papaya, local pineapple, strawberries, mango & organic apple juice
- Berry Nuts** 16oz 24oz
Blueberries, strawberries, local banana, roasted almonds, peanut butter & organic soy milk
- Lots of Nuts** 16oz 24oz
Local banana, roasted almonds, walnuts, peanut butter, and organic soy milk
- Matcha Coco** 16oz 24oz
Local banana, matcha green tea, kale, mango & coconut milk
- Chocolate Sunflower** 16oz 24oz
Organic almond milk, sunflower seeds, cinnamon, organic cacao, local banana & honey

Speciality Smoothies

- Wild Berry** 16oz 24oz 32oz
Strawberries, raspberries, blueberries, blackberries and blackcurrants
- Strawberry Mango** 16oz 24oz 32oz
Mango, strawberries, and mango juice
- Li Hing Mui Pineapple** 16oz 24oz 32oz
Li hing mui, local pineapple, pineapple sherbet, organic apple juice, and honey
(Sherbet can be replaced by PINEAPPLE upon request)
- Pomegranate Blueberry** 16oz 24oz 32oz
Pomegranate, strawberries, blueberries, blackberries, and pineapple sherbet
(Sherbet can be replaced by BLUEBERRIES upon request)
- Avocado Peanut Butter** 16oz 24oz 32oz
Avocado, local banana, peanut butter, organic soy milk, and whey protein
- Green Tea Azuki** 16oz 24oz 32oz
Homemade azuki beans, matcha green tea, organic soy milk, and fat free yogurt.
(Smoothie can be made without Yogurt upon request)
- Almond Coconut** 16oz 24oz 32oz
Roasted almonds, coconut milk, local banana, organic soy milk, and honey
- Coco Ginger** 16oz 24oz 32oz
Local banana, local ginger, coconut milk, organic apple juice, and honey
- Nutella Dipped Strawberry** 16oz 24oz 32oz
Nutella, strawberries, organic soy milk, chocolate chips, fat free yogurt, and honey
(Yogurt can be replaced by BANANA upon request)
- Kiwi Strawberry** 16oz 24oz 32oz
Kiwis, strawberries, local banana, coconut milk, and honey

Refreshing Smoothies

- Strawberry Banana** 16oz 24oz 32oz
Strawberries, local banana, organic apple juice, fat free yogurt, and honey
(Yogurt can be replaced by STRAWBERRIES upon request)
- Peach Lychee** 16oz 24oz 32oz
Peach, organic apple juice, lychee juice, and pineapple sherbet.
(Sherbet can be replaced by PEACH upon request)
- Pineapple Mango** 16oz 24oz 32oz
Local pineapple, mango, orange juice, and honey
- Piña Colada** 16oz 24oz 32oz
Local pineapple, coconut milk, pineapple juice, and local banana
- Guava Strawberry** 16oz 24oz 32oz
Guava, strawberries, and honey
- Hibiscus Lemonade** 16oz 24oz 32oz
Strawberries, organic apple juice, lemon juice, hibiscus juice & pineapple sherbet
(Sherbet can be replaced by STRAWBERRIES upon request)
- Lava Flow** 16oz 24oz 32oz
Strawberries, local pineapple, coconut milk, organic apple juice, and honey
- Peach Strawberry** 16oz 24oz 32oz
Peach, strawberries, peach juice, organic apple juice & pineapple sherbet
(Sherbet can be replaced by PEACH upon request)
- Tropical Passion** 16oz 24oz 32oz
Passion fruit, local pineapple, organic apple juice & pineapple sherbet
(Sherbet can be replaced by PINEAPPLE upon request)

Creamy Smoothies

- Lilikoi Cream** 16oz 24oz 32oz
Local pineapple, passion fruit, organic soy milk, and fat free yogurt
(Yogurt can be replaced by PINEAPPLE upon request)
- Orange Creamsicle** 16oz 24oz 32oz
Fresh orange, orange juice, organic soy milk, fat free yogurt, pineapple sherbet, and honey
(Yogurt and Sherbet can be replaced by PINEAPPLE & MANGO upon request)
- Peanut Butter Banana** 16oz 24oz 32oz
Peanut butter, local banana, organic soy milk, fat free yogurt & honey
(Yogurt can be replaced by BANANA upon request)
- Mango Swirl** 16oz 24oz 32oz
Mango, local banana, mango juice, and organic soy milk
- Blueberry Cream** 16oz 24oz 32oz
Blueberries, local pineapple, organic soy milk, and honey
- Matcha Green Tea** 16oz 24oz 32oz
Organic soy milk, matcha green tea, and fat free yogurt
(Smoothie can be made without Yogurt upon request)
- Taro Haupia** 16oz 24oz 32oz
Organic soy milk, taro powder, fat free yogurt & coconut milk
(Smoothie can be made without Yogurt upon request)
- Chocolate Smoothie** (add peanut butter for \$1.25) 16oz 24oz 32oz
Chocolate, fat free yogurt, chocolate chips, and organic soy milk
(Smoothie can be made without Yogurt upon request)
- Okinawan Sweet Potato** 16oz 24oz 32oz
Okinawan sweet potato, fat free yogurt & coconut milk
(Yogurt can be replaced by BANANA upon request)